

## **ACR Well-Being Curriculum for Radiology Residency Programs**

<u>6. have policies and procedures in place to ensure coverage of patient care and ensure continuity of patient care.</u>

The Accreditation Council for Graduate Medical Education (ACGME) regularly updates Section VI of its Common Program Requirements for all accredited residency and fellowship programs regardless of specialty to address well-being more directly and comprehensively. The updated requirements below emphasize that psychological, emotional, and physical well-being are critical in the development of the competent, caring, and resilient physician.

The ACR joins the ACGME in prioritizing physician well-being. The curriculum for radiology residency program leaders provides resources and experiential exercises to strengthen your residency and meet the VI.C. Well-Being requirements.

ACGME VI.C. Well-Being Requirement	ACR Learning Objectives
The responsibility of the program, in partnership with the Sponsoring Institution, to address well-being must include:	Describe strategies for ensuring patient care coverage during a resident's absence.
VI.C.2.a) The program must have policies and procedures in place to ensure coverage of patient care and ensure continuity of patient care.	Implement scheduling and communication methods that maintain patient care continuity when a resident is unavailable.
	<ul> <li>Evaluate coverage policies at your institution and propose enhancements to improve efficiency and fairness.</li> </ul>

These activities are intended for program directors/coordinators and assistant/associate program directors.

## Instructions:

- 1. Read the following.
  - a. <u>The ACGME Common Program Requirements Well-Being Section</u>. This section outlines the official guidelines on well-being policies, including patient care coverage.
- 2. Read the following article.
  - a. <u>Family and Medical Leave for Diagnostic Radiology, Interventional Radiology, and Radiation</u>
     <u>Oncology Residents in the United States: A Policy Opportunity.</u> This article discusses family and medical leave policies for radiology residents, highlighting opportunities for policy improvements.
- 3. View the following webcast.
  - a. <u>Cognition, Mindsets, and Well-Being Webcast</u> from ACGME. This webinar introduces the concept of cognitive distortions and explores how they can develop into ingrained mindsets that influence behavior and affect well-being.



## 4. Read this article.

a. <u>Yale Radiology and Biomedical Imaging Residency Program Well-Being Policy</u>. This policy outlines strategies for supporting resident well-being, including coverage during absences.